

Osaka After MICE

To all attendees of World Health Expo Osaka

WHX

Osaka

Formerly Japan Health

Enjoying Osaka Post Event

Osaka Convention & Tourism Bureau

Introducing Osaka



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Welcome to Osaka!

The city is packed full of history, entertainment, culture, and Japan's most delicious food. When you're not engaged in a meeting or event, there's endless options for an amazing time.

Confining the abundant charm of Osaka within these limited pages is a difficult task but this document pares it down to need-to-know info.

Please enjoy your time in this wonderful city!

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Exploring the INTEX Osaka Area on Foot

Sakishima Cosmo Tower Observatory

大阪府咲洲庁舎（コスモタワー）展望台

Sakishima Cosmo Tower Observatory is located within Prefectural Sakishima Government Building, a landmark of the Osaka Bay Area, towering over the center of Sakishima.

At 252 meters above ground, the magnificent, unobstructed 360-degree panoramic observation space offers an impressive view that feels like looking down from heaven.



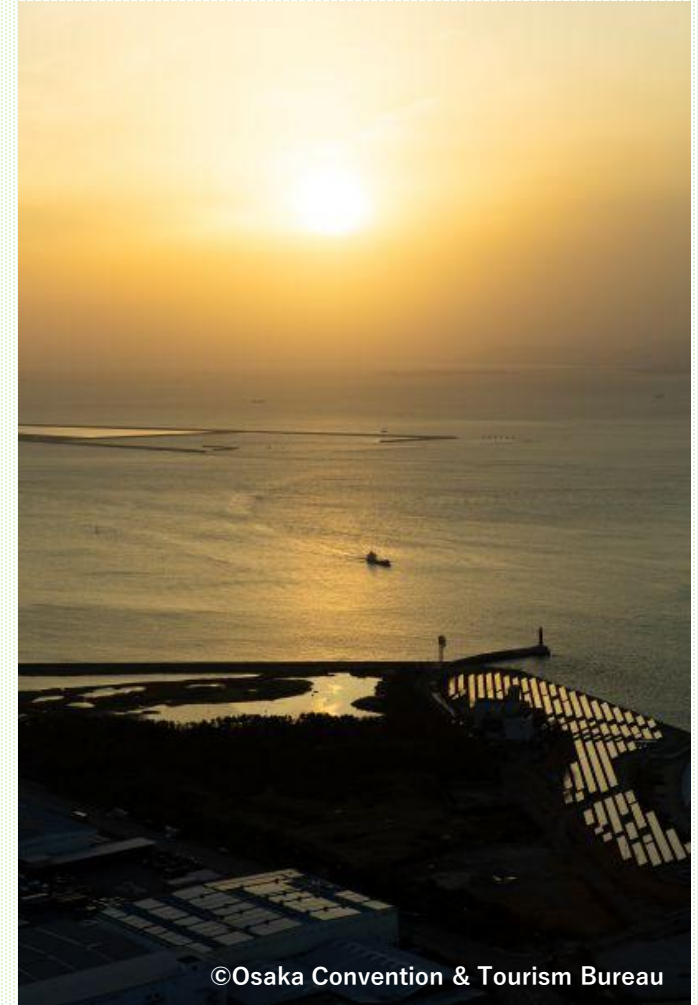
About a 5-minute walk from INTEX Osaka, near the Trade Center-mae Station on the New Tram line

Sakishima Cosmo Tower Observatory



Sakishima Cosmo Tower Observatory

Address [1-14-16 Nanko Kita, Suminoe Ward, Osaka City](#)
Business hours 11:00 AM to 10:00 PM (admission until 9:30 PM)
Price 1,200 yen
Holidays Monday



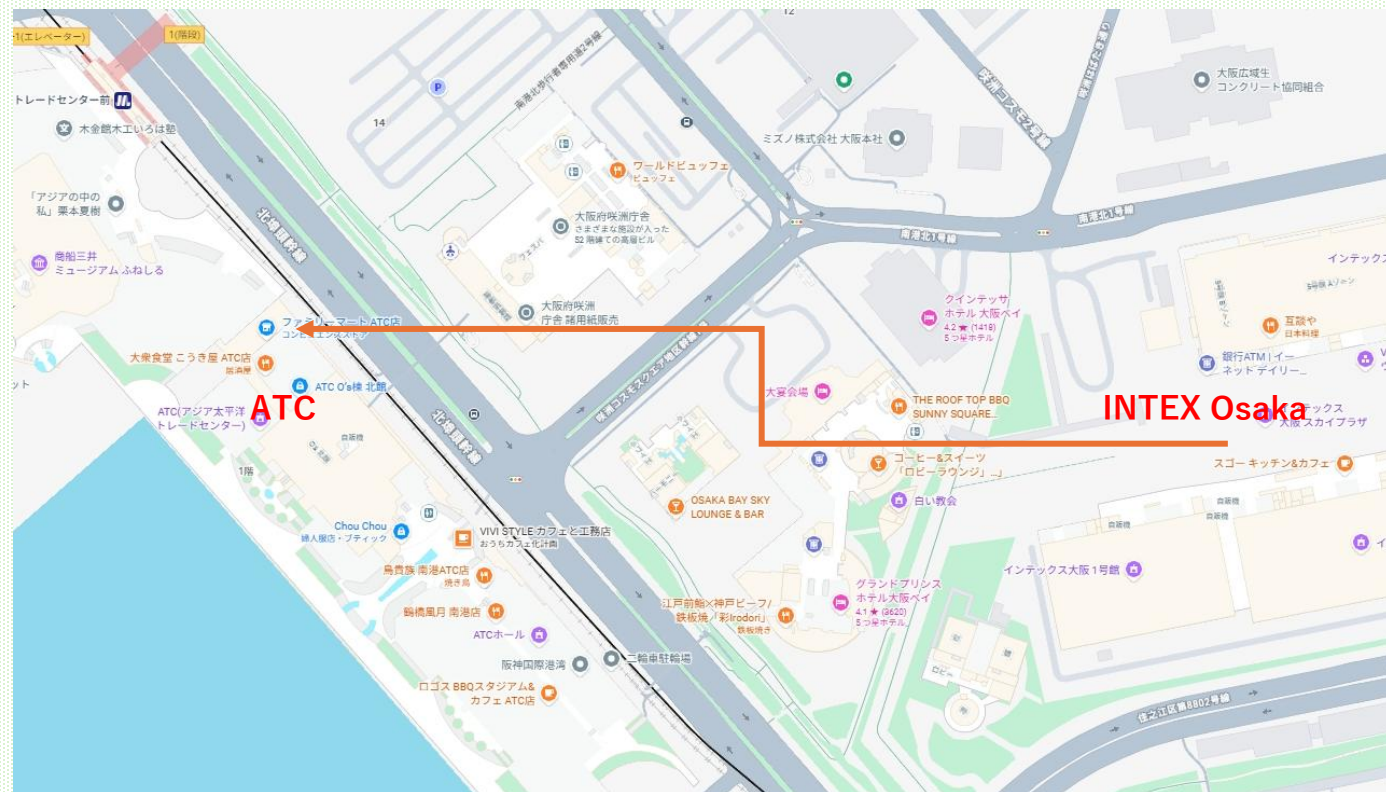
<https://sakishima-observatory.com/>

Exploring the INTEX Osaka Area on Foot

ATC (Asia-Pacific Trade Center)

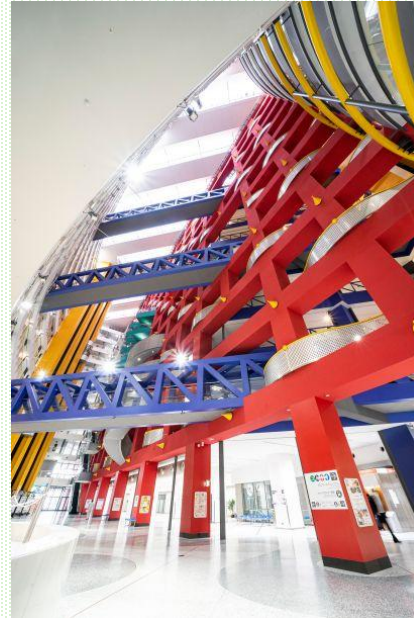
ATC (アジアワールドトレードセンター)

ATC (Asia Pacific Trade Center) is a vast 68,000 sq. m. complex, surrounded by a stunning location with ocean views. It is mainly made up of the ITM Building and the O's Building. The ITM Building houses offices for IT-related and overseas companies, as well as facilities and showrooms themed around furniture and interior design, home appliances, health and the environment. ATC is home to about 70 stores where you can enjoy dining, shopping, and more.



About a 10-minute walk from INTEX Osaka, near the Trade Center-mae Station on the New Tram line

ATC (Asia-Pacific Trade Center)



Address

[2-1-10 Nanko Kita, Suminoe Ward, Osaka City, 559-0034](https://www.atc-co.com/index.php)

Business hours

O's building Shopping 11:00-20:00 Restaurant 11:00-22:00

ATC Asobi Mare 10:00-19:00

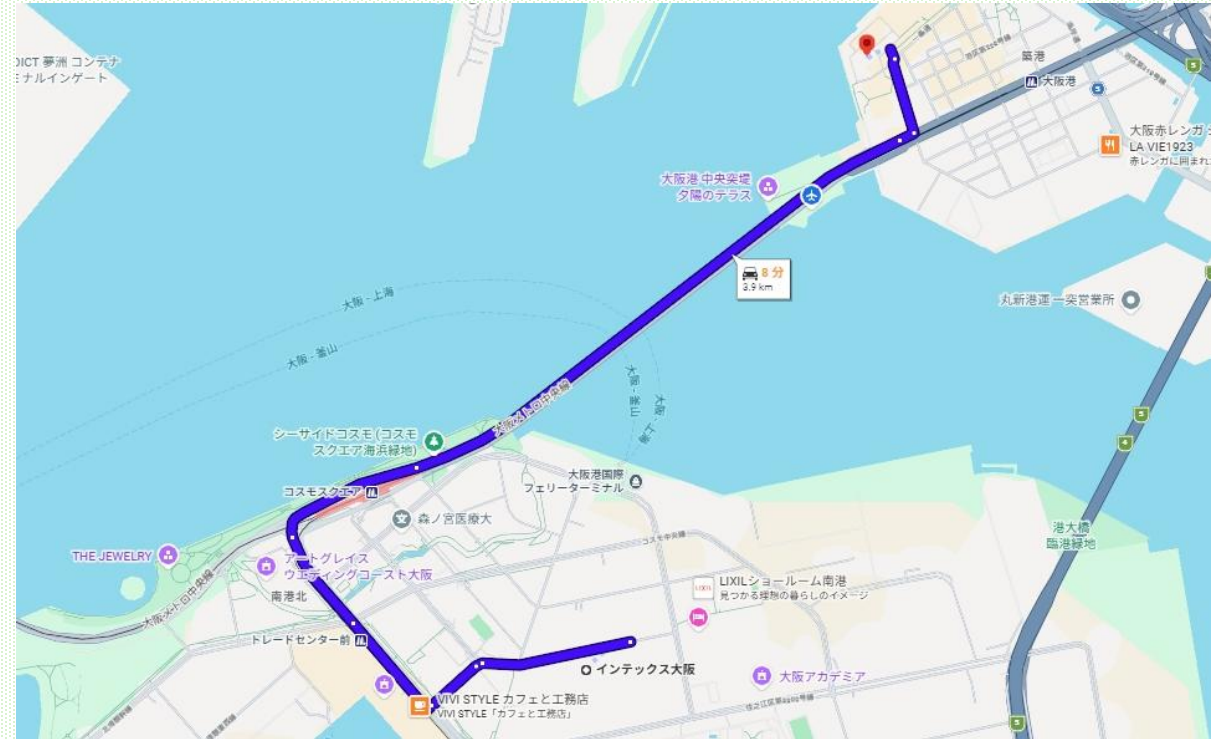
*Stores in the O's Building may have different opening hours.

<http://www.atc-co.com/index.php>

Attractions Along the Chuo Line: Bay Area

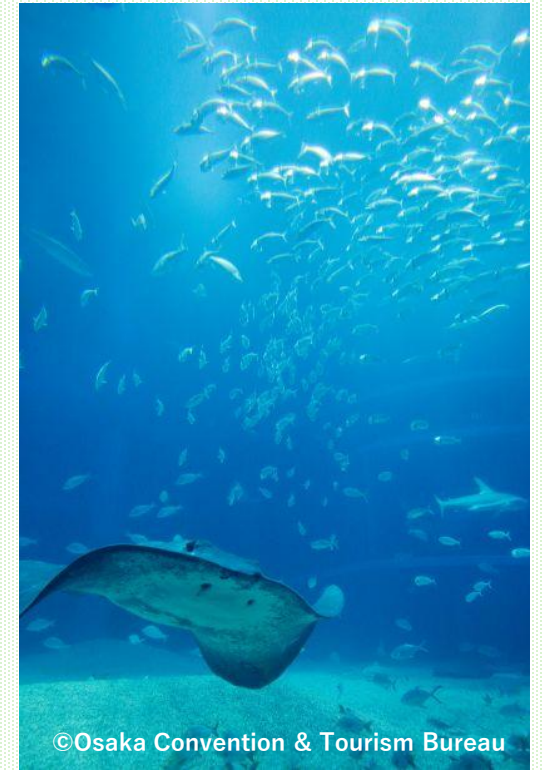
Osaka Aquarium Kaiyukan 海遊館

The Osaka Aquarium Kaiyukan is an aquarium that faithfully recreates the natural environment the Pacific Ocean and its surrounding waters. Each tank in the aquarium is arranged in a way that is similar to how they are located geologically in the Pacific Ocean. Starting with the Pacific Ocean tank that is home to the majestic whale shark, or the Forest of Japan tank that is lush in vegetation and flowing waterfalls, to the Tasman Sea tank that houses the Pacific white-sided dolphin, each of the tanks in total houses and displays approximately 30,000 creatures between 620 different species.



About a 10-minute drive from INTEX Osaka, near the Osakako Station

Osaka Aquarium Kaiyukan



Address [1-1-10 Kaigandori, Minato-ku, Osaka City](https://www.kaiyukan.com/)
Business hours 10:00-20:00
(final admission is allowed an hour before closing time) *Varies per season
Price 2,700 yen *Prices may vary depending on the season
Holidays Irregular holidays

<https://www.kaiyukan.com/>

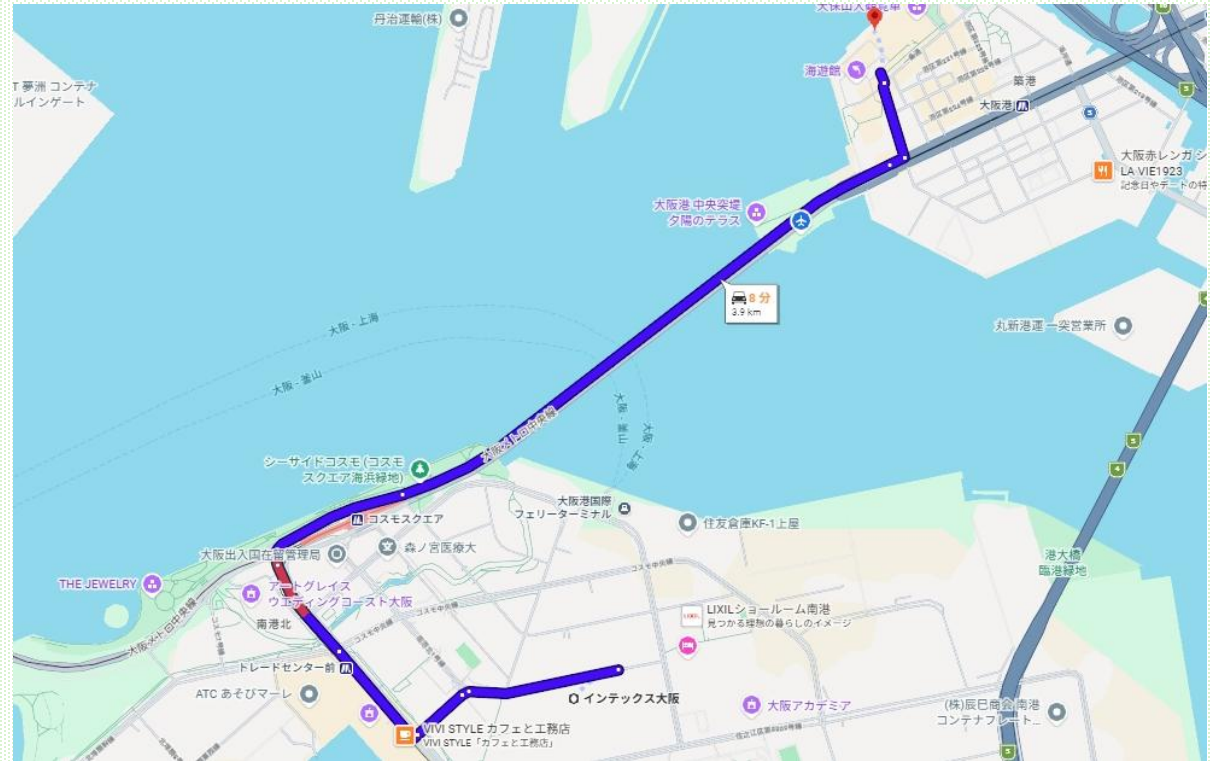
Attractions Along the Chuo Line: Bay Area

Osaka Bay Cruise Santa Maria

観光船 サンタマリア

The Santa Maria is a sailing-type sightseeing boat that after departing from Tempozan Harbor Village and Kaiyukan West Pier, it navigates through the landmarks of the Osaka Bay area before arriving back to the point of departure. The ship itself is a replicate of the famous ship “Santa Maria” that was captained by Columbus on his journey to the new world. The Day Cruise is about 45 minutes in duration. The Twilight Cruise is about 60 minutes in duration.

*Operation is weather dependent so please check in advance



About a 10-minute drive from INTEX Osaka, near the Osakako Station

Osaka Bay Cruise Santa Maria



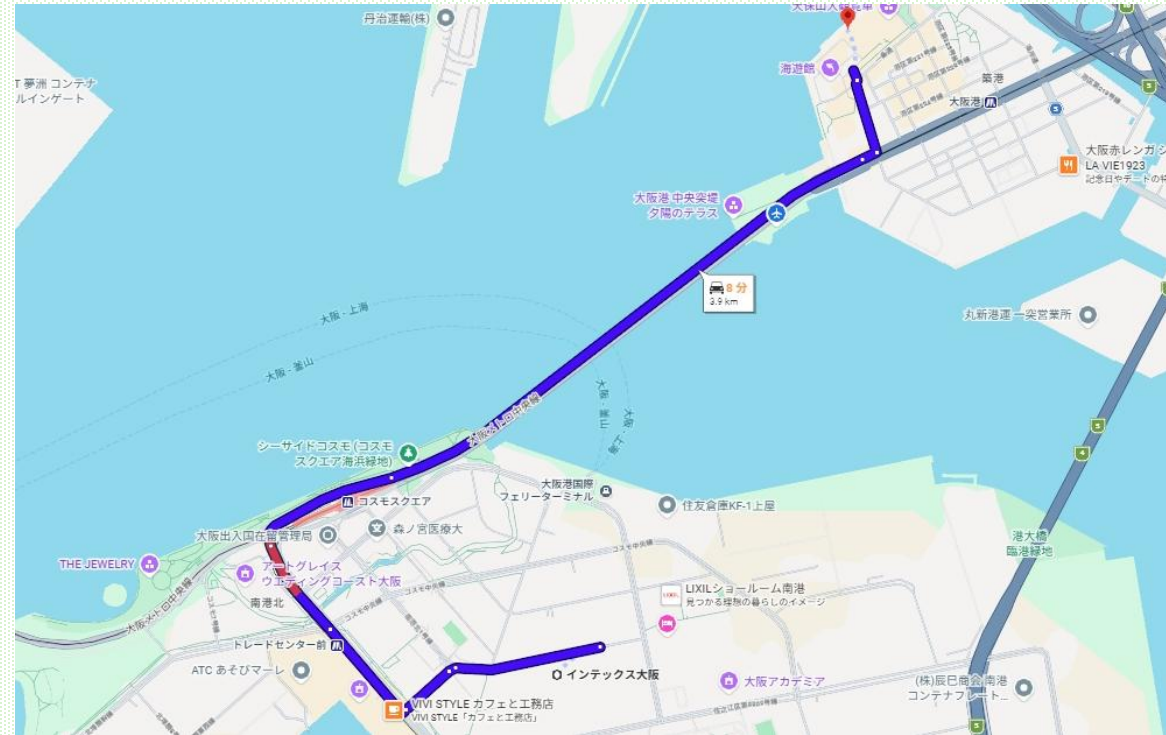
Address	<u>Kaiyukan Entrance Bldg. 2F, 1-1-10 Kaigandori, Minato-ku, Osaka-City</u>
Business hours	Day Cruise 10:00-17:00, departs every hour (approx. 45 minutes long) Twilight Cruise departs at 18:30 on weekends (approx. 60 minutes long)
Price	Day Cruise 1,800 yen Twilight Cruise 2,300 yen
Holidays	Scheduled to operate daily in July https://suijo-bus.osaka/intro/santamaria/

Attractions Along the Chuo Line: Bay Area

Tempozan Marketplace

天保山マーケットプレイス

A large commercial facility adjacent to the Osaka Aquarium Kaiyukan. It houses around 80 stores, including stylish restaurants with ocean views, a convenient food court, and general goods. The streetscape is modeled after the 1960s, and includes Naniwa Kuishinbo Yokochi, where you can find Osaka's signature traditional cuisine, and an indoor all-weather zoo where you can interact with small animals. There are also various events and street performances on weekends and holidays.



About a 10-minute drive from INTEX Osaka, near the Osakako Station

Tempozan Marketplace



Next to Kaiyukan Aquarium stands one of the world's largest Ferris wheels, measuring 112.5 meters in height and 100 meters in diameter.



Naniwa Gourmet Alley

Address	1-1-10 Kaigandori, Minato-ku, Osaka-City
Business hours	Shopping 11:00-20:00 Fast food 11:00-20:00 Restaurant 11:00-21:00 Naniwa Gourmet Alley 11:00-20:00 (Subject to change)
Price	Free
Holidays	Irregular holidays

<https://www.kaiyukan.com/thv/marketplace/>

Attractions Along the Chuo Line: Bay Area

GLION MUSEUM (ジーライオン ミュージアム)

This classic car museum brings together a collection of classic cars from both Japan and abroad. Built in 1923, the museum has been renovated from four red brick warehouses covering an area of 10,000 sq. m. and displays approximately 80 iconic classic cars that have attracted attention from around the world, including a Rolls-Royce Phantom II from 1900 to 1950. The museum also houses a steakhouse and a French restaurant, and its romantic, hideaway atmosphere will make you feel like you've traveled back in time.



About a 10-minute drive from INTEX Osaka,
near the Osakako Station

GLION MUSEUM



Address [2-6-39 Kaigandori, Minato Ward, Osaka City](https://www.glion-museum.jp/en/)

Business hours 11:00-17:00

Price 1,300 yen-1,900 yen

Holidays Mondays

<https://glion-museum.jp/en/>

There are also steak house and seafood restaurant

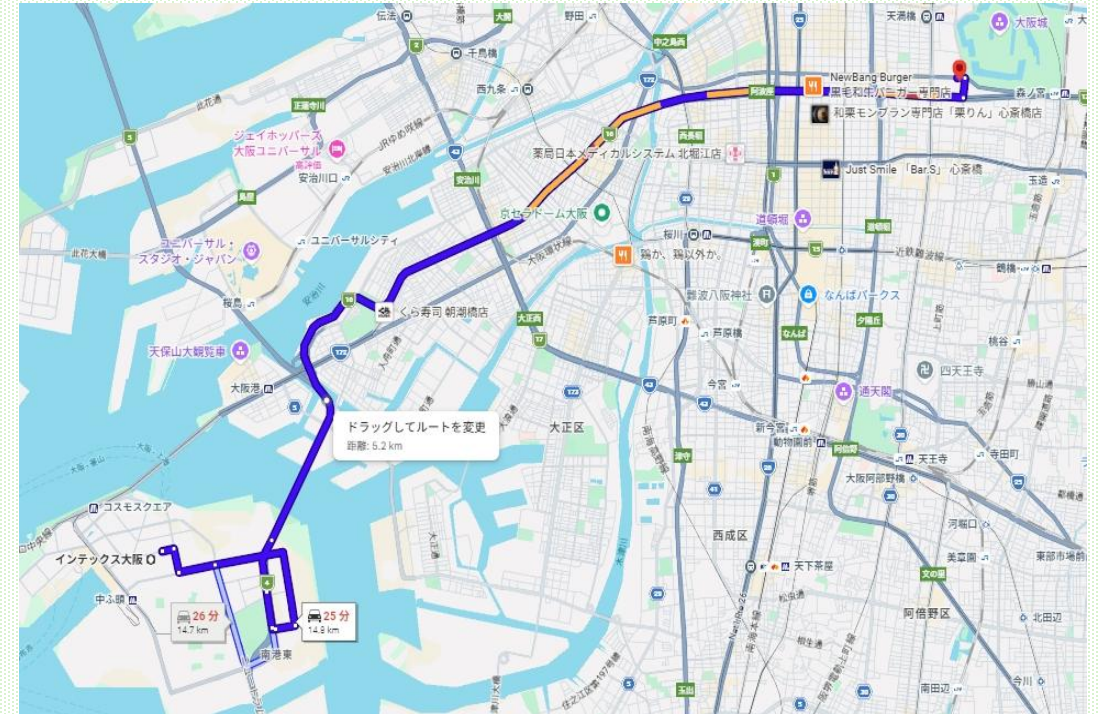
<https://glion-museum.jp/restaurant/>

Attractions Along the Chuo Line: Inner City

Osaka Museum of History & Site of the Seimi Bureau 大阪歴史博物館と舎密局跡碑

Standing near the lush green Osaka Castle Park and Naniwa Palace Site Park is the Osaka Museum of History which opened in 2001. This museum features the nearly 1,400 year-old history of Osaka City, from ancient times to the middle and early modern ages up until the modern times. Through an exhibit of both full-scale and miniature models, videos and plenty of actual documents, visitors can come to learn the history and culture of Osaka.

On the north side of the museum stands a commemorative monument marking the site of the Seimi Bureau, which is considered the birthplace of modern chemistry and laid the foundation for elevating Japanese chemistry to a world-class level.



About a 30-minute drive from INTEX Osaka, near the Tanimachi 4-chome Station

Osaka Museum of History

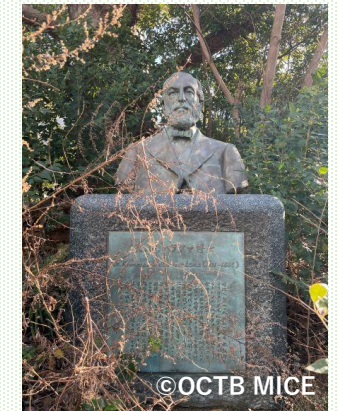
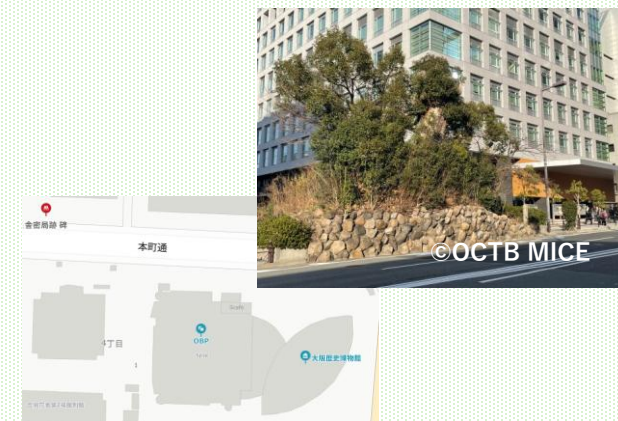


The scenic view from the very top of Osaka castle is the perfect photo spot.

Site of the Seimi Bureau

Address [4-1-32 Otemae, Chuo-ku, Osaka-shi](https://www.osakamushis.jp/eng/index.html)
Business hours 9:30-17:00
*Entry until 30 minutes before closing.
Holidays Tuesday
Price 600 yen

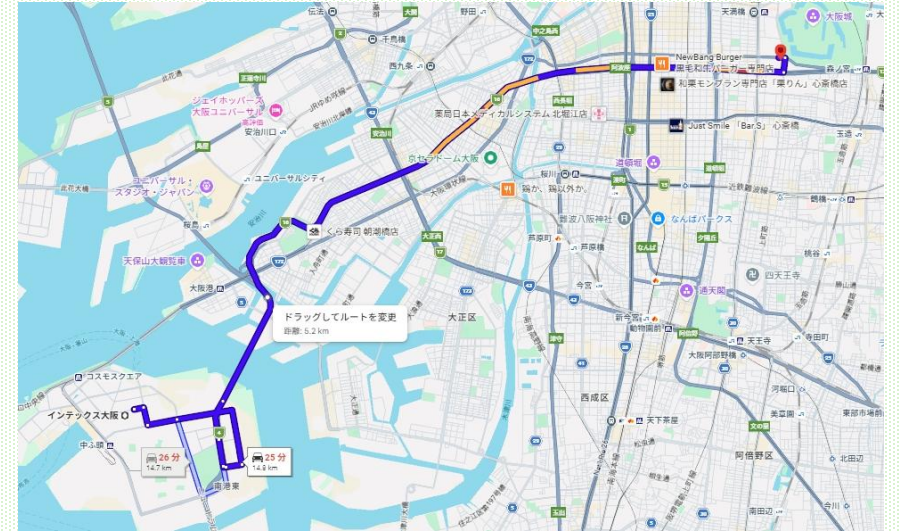
<https://www.osakamushis.jp/eng/index.html>



Attractions Along the Chuo Line: Inner City

Osaka Castle Museum 大阪城

Construction of Osaka Castle began in 1583 by Toyotomi Hideyoshi, who aimed to unify Japan. The main tower, the central building within the castle's inner citadel, was completed two years later, but was destroyed by fire in 1615 during the Summer Siege of Osaka, along with the downfall of the Toyotomi clan. It was rebuilt later but was again destroyed by lightning in 1665. Since then, Osaka Castle had remained without a main tower until the current iteration was built in 1931 with donations from citizens at the request of then-Mayor Seki. Rebuilt after 266 years, the main tower stands 55 meters above ground, with five floors and eight stories. The golden decorations throughout, such as the shachi (mythical fish) on the roof and the crouching tiger under the balustrades, sparkle brilliantly. It is a nationally registered tangible cultural property.



About a 30-minute drive from INTEX Osaka, near the Tanimachi 4-chome Station

Osaka Castle Museum



Osaka Castle Park



The symbol of Osaka. 55 meters above ground, with 5 tiers and 8 floors. Various portions of the castle are decorated and glittering in gold, such as the shachi (mythical fish) on the top tier roof and the tiger under the railings.

It underwent extensive renovations from 1995 to 1997. You can get a panoramic view of Osaka from the observation deck on the 8th floor.

<http://www.osakacastle.net/>

Address [1-1 Osakajo, Chuo-ku, Osaka](#)
Business hours 9:00-18:00
(last admission 30 minutes before closing)
Price 1,200 yen
Time required Approximately 60 minutes

Osaka Castle Museum is home to the Nishinomaru Garden, the plum grove, Osaka Castle Hall, an archery range, and other facilities. You can also enjoy seasonal flowers such as plums, cherry blossoms, and azaleas.

Nearby attractions include the Osaka Museum of History, Japan Mint, Osaka Tenmangu Shrine, and Hanjoutei.

Tekijuku Commemoration Center

適塾と除痘館記念資料室

Tekijuku is a school of Dutch studies opened by Ogata Koan (1810-1863), a Dutch scholar, medical scientist and educator. Tekijuku, which is a National Historic Site and National Important Cultural Asset, is still active as an educational institution; it is Japan's only remaining school for studying Western science in Dutch.

The Ogata Building, located south of the Tekijuku, stands on the site of the former “Joto-kan” (Smallpox Prevention Center), which was led by Ogata Koan and served as a hub for smallpox prevention efforts. To commemorate his legacy, the building houses an exhibition of historical materials.



About a 30-minute drive from INTEX Osaka, near the Kitahama Station

Tekijuku



Address [3-3-8 Kitahama, Chuo-ku, Osaka](#)
Business hours 10:00-16:00 PM
Holidays Mondays
Price 400 yen

Joto-kan



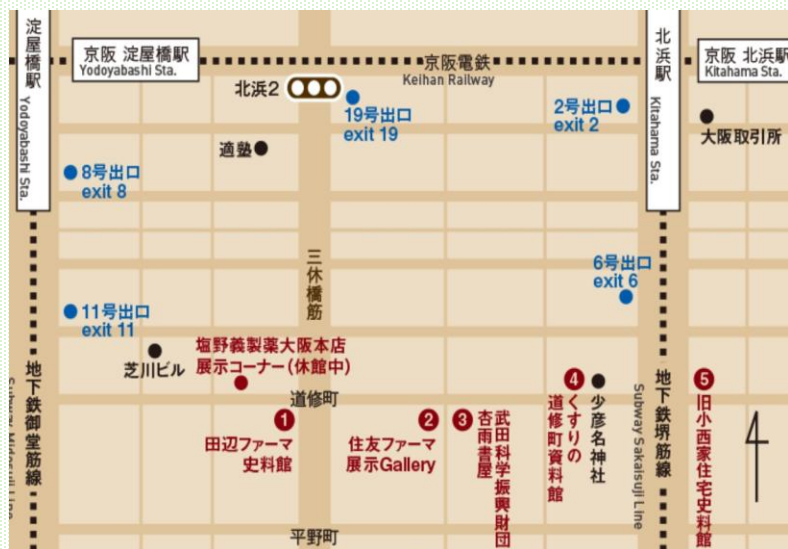
Address 3-3-8 Kitahama, Chuo-ku, Osaka
Business hours Weekdays 10:00-16:00
Saturdays 10:00-13:00
Price Free

Diving into Osaka's Medicine, History, and Culture

Doshomachi Museum Street

道修町（どしょうまち）ミュージアムストリート

Doshomachi is said to be the birthplace of Japan's medical products industry. The area has multiple facilities exhibiting medical and pharmaceutical history and major pharmaceutical companies such as Takeda Pharmaceutical, Mitsubishi Tanabe Pharma, and Shionogi have offices here.



About a 30-minute drive from INTEX Osaka, near the Yodoyabashi or Kitahama Station

Tanabe Pharma Historical Museum

Hours 10:00-17:00

Please make a reservation in advance

Closed on Saturdays, Sundays, and holidays

Admission is free

<https://shiryokan.tanabe-pharma.com/en/guide/>



History Gallery of Sumitomo Pharma

Hours 08:00-19:30

(Viewing from outside the building)

Admission is free

<https://www.sumitomopharma.com/news/20140325-2.html>



Kyo-U Library Takeda Science Foundation

Hours 10:00-16:00

Closed on Saturdays, Sundays, and holidays

Admission is free

<https://www.takeda-sci.or.jp/>



Doshomachi Pharmaceutical and Historical Museum

Hours 10:00-16:00

Reservations are required on Saturdays and Sundays; closed during holidays

Admission is free

<https://www.sinnosan.jp/kusuri/>



Sukunahikona Shrine

Hours 6:00-18:30

<https://www.sinnosan.jp/english/>



Enjoying Osaka Post Event

Former Konishi Family Residence

Hours Please check website

Please make a reservation in advance

Admission is free

<https://www.bond.co.jp/konishishiryokan/>



The Osaka Museum of Housing and Living

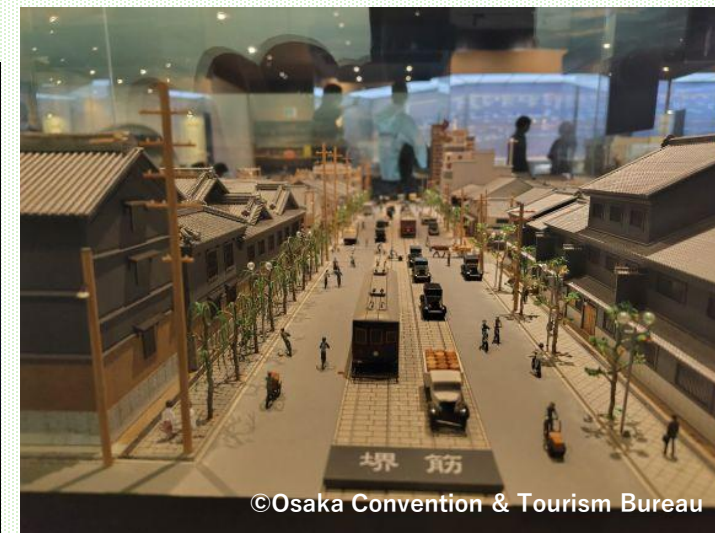
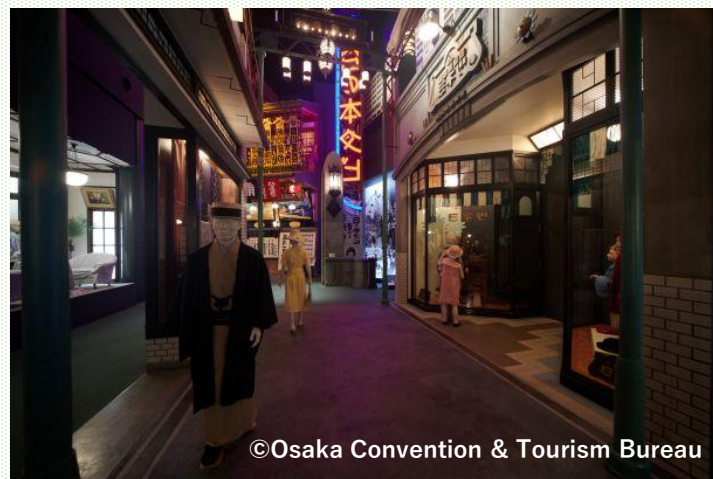
大阪くらしの今昔館と天神橋筋商店街

This public museum focuses on the history and culture of Osaka City. Located within the Osaka City Housing Information Center Building, it displays materials and models related to housing in Osaka from the Edo period (1603-) through the postwar era. A highlight of the museum is its full-scale reproduction of Edo-period Osaka townhouses and streetscapes from the Tenpō era (1830s). Constructed using traditional methods based on academic research, it vividly depicts life during that time. Adjacent to the Tenjinbashisuji Shopping Street—the longest of its kind in Japan—visitors can also enjoy the atmosphere of Osaka's historic downtown district.



About a 30-minute drive from INTEX Osaka;
right next to Tenjinbashisuji 6-chome Station

The Osaka Museum of Housing and Living



Life-size street scenes and dioramas are on display

Address 8F Housing Information Center bldg,
[6-4-20 Tenjinbashi, Kita-ku, Osaka-shi](https://www.osaka-angenet.jp/konjyakukan/)
Business hours 10:00-17:00 (last entry at 16:30 p.m.)
Holidays Tuesdays
Price 600 yen
Separate fees apply for special exhibitions

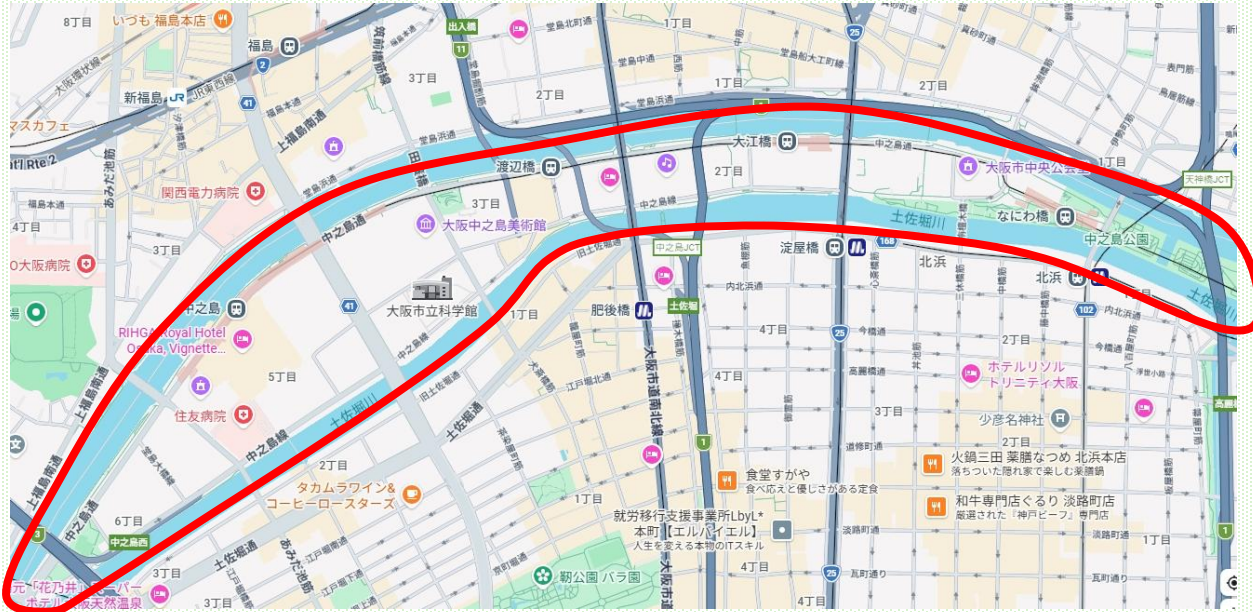
<https://www.osaka-angenet.jp/konjyakukan/>

Tenjinbashisuji Shopping Street



Nakanoshima

文化施設が集中する 水と緑豊かなエリア・中之島



Nakanoshima is a waterfront and green area where government, economic, and cultural facilities are concentrated. On a map, this area is a long, narrow island stretching approximately 3km east to west and covering an area of approximately 50 hectares, sandwiched between the Dojima River and the Tosabori River. With its favorable waterfront environment in the city center, it is home to a collection of convention facilities, international cultural facilities, offices, and commercial facilities.

During the Edo period, Osaka was nicknamed "the world's kitchen" because Nakanoshima was home to storehouses from various feudal domains across the country, where rice and other commodities were traded. In the Meiji period, cultural facilities such as libraries and the Central Public Hall were completed, and the area continues to play a role not only as a commercial center but also as a hub for modern information and culture.

Nakanoshima Festival Tower Nakanoshima Festival Tower West

A landmark of Nakanoshima. The 200m-tall twin towers house the Festival Plaza, which is home to restaurants and shops, as well as the Festival Hall, Hotel, and Art Museum. (Nakanoshima Kosetsu Museum of Art)

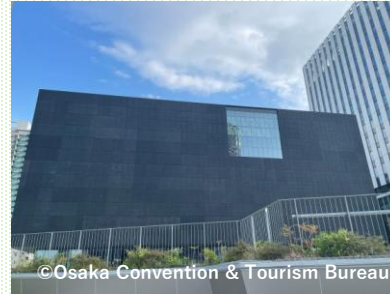


Higobashi Station
30-minute drive

<https://www.festival-city.jp/>

Nakanoshima Museum of Art, Osaka

The Osaka Nakanoshima Museum of Art opened on Feb. 2, 2022 in Nakanoshima, Osaka. The collection is diverse, including Western paintings, Japanese paintings, modern and contemporary foreign paintings, prints, photography, sculptures, and design.



Higobashi Station
30-minute drive

<https://nakka-art.jp/>

Osaka Science Museum

This science museum is themed around "Space and Energy." The exhibits in the exhibition hall are mainly hands-on, allowing children and adults to learn while having fun. There is also a planetarium that rotates various programs throughout the day.



Higobashi Station
30-minute drive

<https://www.sci-museum.jp/>

Osaka City Central Public Hall

A nationally designated important cultural property located in a major city, its beautiful neo-Renaissance exterior, set against the blue water and green trees, has remained unchanged through the ages and is beloved and familiar to many as a symbol of Nakanoshima, Osaka.

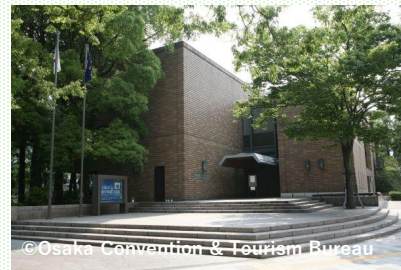


Kitahama Station
30-minute drive

<https://osaka-chuokokaido.com/en>

The Museum of Oriental Ceramics, Osaka

Located in a corner of Nakanoshima Park, this museum was established by the city of Osaka to commemorate the donation of the world-famous Ataka Collection and opened in November 1982.



Kitahama Station
30-minute drive

<https://www.moco.or.jp/en/>

Enjoying Osaka Post Event

Nakanoshima Children's Book Forest

Opened in July 2020, this library features three spacious floors where every wall is lined with bookshelves, creating a spectacular sight with some 20,000 books neatly arranged. Visitors can also enjoy exploring the interior of the building, designed by architect Tadao Ando. It's a place that adults will thoroughly enjoy as well.



Kitahama Station
30-minute drive

<https://kodomohonnomori.osaka/>

Dotonbori

食い倒れの街大阪を代表する繁華街「道頓堀」

Dotonbori is the symbolic business and shopping district of the Minami area of Osaka, lined with giant three-dimensional signs of everything from Shochikuza theater, Kani-Doraku (an iconic crab restaurant), Glico, etc. “Dotonbori” comes from “Doton Yasui,” the name of a man who devoted his wealth to have the river excavated in 1612. Later, prosperity of the town as an entertainment district of theater and Kabuki and an increase of teahouses became the basis for its status as a place for food and live entertainment. Dotonbori street is lined on both sides with various genres of restaurants bustling with business throughout the year.



About a 30-minute drive from INTEX Osaka;
Namba Station

<http://www.dotonbori.or.jp/en/>

Large Signs

From Kani Doraku's moving crab to giant sushi, the large, colorful signs are one of the highlights of Dotonbori.



Hozenji Yokocho Alley

While located in the business and shopping district of Minami, the town is also known for its retro Osaka mood and relaxed atmosphere. Within the alley are long-standing traditional restaurants and bars, serving famous Osaka cuisine.



Tombori River Cruise

A 20-minute mini cruise of Dotonbori.

Business hours 11:00-21:00

Departs every hour on the hour and half hour

Price 2,000 yen

Boarding point: Tazaemonbashi Pier



Namba Grand Kagetsu

A comedy theater where you can enjoy performances filled with laughter 365 days a year, from morning till night—featuring manzai and rakugo by the theater's veteran comedians and popular young comedians from TV, as well as the beloved Yoshimoto Shinkigeki.



Osaka is all about eating.

When it comes to must-try foods in Osaka, the first things that come to mind are takoyaki, okonomiyaki, and other flour-based dishes. Dotonbori is home to numerous famous restaurants.



The famous Glico sign, an icon of Osaka

Recommended for First-time Visitors

Osaka Station (Umeda Station)

ショッピングからエンタメまで 大阪・梅田駅周辺

Osaka Station is used by the most passengers in JR West. It's located in the center of Umeda, Osaka's largest commercial and business district. From the station out eastward, many businesses occupy the area that make up most of the consumer traffic. Many lines were made to converge and make this western Japan's largest terminal.

The area features places that cater to a wide range of needs, from shopping to entertainment, and recently, projects like Grand Green Osaka have been developed that integrate greenery seamlessly with the surrounding environment.



About a 30-minute drive from INTEX Osaka;
Osaka JR Station
Umeda (incl. Higashi Umeda & Nishi Umeda) Station

Osaka Station



©Osaka Convention & Tourism Bureau

Grand Front Osaka Shops & Restaurants

Located in front of Osaka Umeda Station, Grand Front Osaka is the largest shopping town in the country, with approximately 260 stores selling a wide variety of items, from fashion and miscellaneous goods to lifestyle, beauty, cafes, as well as restaurants and bars.



©Osaka Convention & Tourism Bureau

Umeda Sky Building KUCHU-TEIEN OBSERVATORY

Umeda Sky Building KUCHU-TEIEN OBSERVATORY, a landmark of Osaka Umeda, is an observation facility spanning three floors: the 39th, 40th, and rooftop. The see-through escalator that goes from the 35th to the 39th floor is a popular photo spot.



©Osaka Convention & Tourism Bureau

Sonezaki Ohatsutenjin Shopping Street

Sonezaki Ohatsutenjin-dori Shopping Street is lined with around 100 stores of various sizes. It is bustling with visitors to Ohatsu Shrine as well as businesspeople working in the Umeda area and is a popular dining spot day and night.



©Osaka Convention & Tourism Bureau

Midosuji Sculpture Street

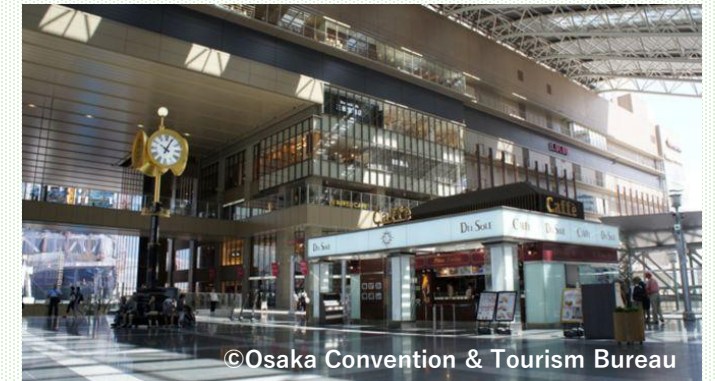
Midosuji, Osaka's main street opened in 1937, stretches approximately 4 km from Umeda to Namba. Sculptures by famous artists from Japan and abroad are displayed along the street.



©Osaka Convention & Tourism Bureau

Osaka Station City

Houses many different shops, including the complex LUCUA, where roughly 60% of the shops are new to the country, the Kansai region, or Umeda. This is one of Osaka's newest spots.



©Osaka Convention & Tourism Bureau

Recommended for First-time Visitors

Tsutenkaku Tower & Shinsekai

ソース二度漬けお断り 通天閣と新世界

The original tower was built in July 1912 as a symbol of an entertainment facility called Luna Park, and was made to look like the Eiffel Tower was on top of the Arc de Triomphe. It measured about 75 meters tall and was the tallest building in the East at the time, with the name literally meaning “a tower leading to the heavens.” Due to a fire, the original Tsutenkaku was dismantled. Later in 1956, the 2nd Tsutenkaku was rebuilt with the backing of local residents. The 2nd tower is 108 meters tall, including the lightning rod. Tachu Naito, who designed Tokyo Tower which was being built during the same period, designed Tsutenkaku. In recent years, the tower continued to evolve as it added a special outdoor observation platform and the Tower Slider.

Shinsekai is the name of working-class neighborhood in southern Osaka, famous for Tsutenkaku Tower, the retro shopping area Janjan Yokocho, a large pufferfish lantern sign, and more!



About a 30-minute drive from INTEX Osaka
Near Ebisucho Station
JR Shin-Imamiya Station

Tsutenkaku Tower & Shinsekai



Shinsekai has been the setting for movies and TV dramas, and is a national tourist destination. The Nanyodori shopping street, which stretches approximately 180 meters north to south from the Dōbutsuen-mae Station to Tsutenkaku Tower, is commonly known as Janjan Yokocho. The shopping street, which is said to have gotten its name from the sound of shamisen (three-stringed Japanese instrument) and taiko drums that were played to attract customers after the war, is flanked on both sides by a variety of popular stores, including restaurants that serve kushikatsu, yakiniku, sushi, udon and more, as well as izakaya (Japanese pub).

Address [1-18-6 Ebisuhigashi, Naniwa-ku, Osaka-shi](#)
Business hours [General Observation Deck] 9:00-21:45 (Last entry 21:15)
Holidays Open year-round
Price 1,200 yen

Nearby attractions include the Osaka Municipal Museum of Fine Arts, Tennoji Zoo, and Spa World

National Treasures in Osaka

意外と多い？大阪国宝・重要文化財巡り

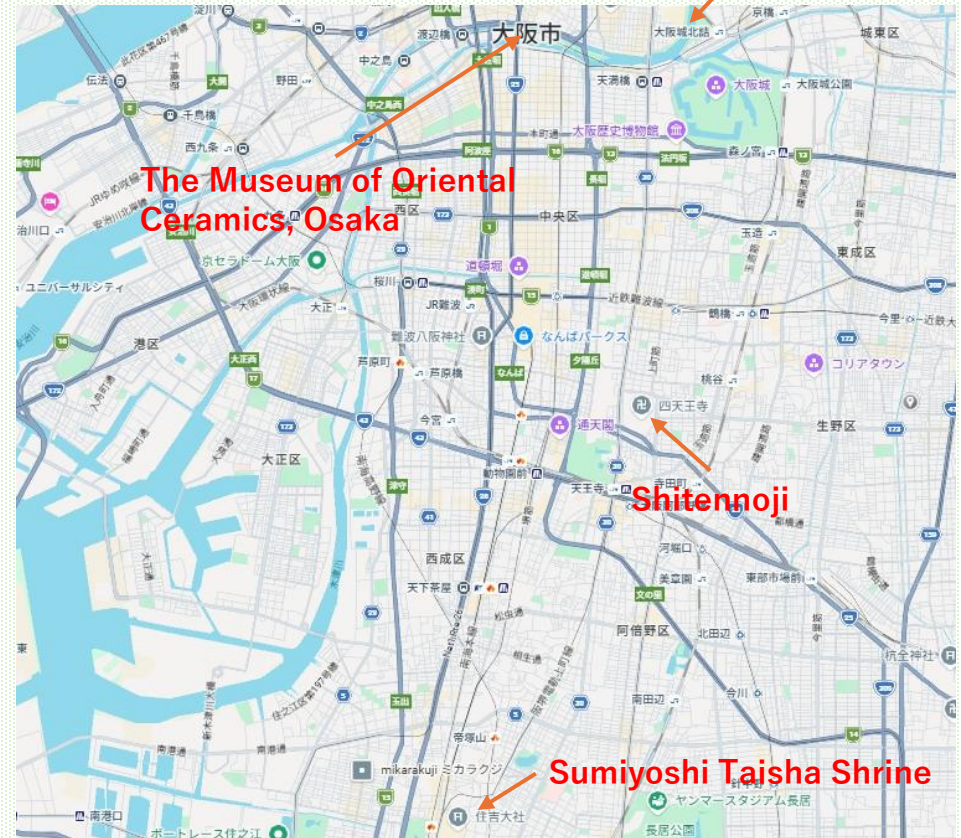
Osaka was the capital city of Japan even earlier than Heijo-kyo (Nara) and Heian-kyo (Kyoto) and is the only city in Japan that has remained at the forefront of history almost uninterrupted from recorded history to the present day.

Osaka was bombed during World War II and does not have a national museum, so it is often mistakenly thought that there are no ancient artifacts. However, Osaka is ranked fourth among all prefectures in Japan in terms of the number of national treasures it has.

The Osaka Convention & Tourism Bureau introduces National Treasures scattered throughout Osaka Prefecture through initiatives such as the “Spring Osaka National Treasure Tour 2026.”

<https://osaka-info.jp/en/special/dc/specialtrip/?category=kokuho>

Fujita Museum of Art



Sumiyoshi Taisha Shrine



Sumiyoshi Taisha is the grand head shrine out of around 2,300 shrines located across Japan and is registered as a national treasure.

Address:

[2-9-89 Sumiyoshi, Sumiyoshi-ku, Osaka-shi](https://www.sumiyoshitaisha.net/)

Business hours

6:00-17:00 Open year-round

3-minute walk from Sumiyoshi Taisha Station on the Nankai Main Line

Approximately 25 minutes by car from INTEX Osaka

<https://www.sumiyoshitaisha.net/>

Fujita Museum of Art



The museum houses approximately 2,000 pieces of ancient Oriental art from the Meiji era wealthy merchant Denzaburo Fujita and his son. Of these, 9 are national treasures and 53 are important cultural properties, making it one of the top privately owned art museums. The entry space, Amijima Teahouse, serves rice dumplings and tea.

Address:

[10-32 Amijimacho, Miyakojima-ku, Osaka City](https://fujita-museum.or.jp/)

Business hours

10:00-18:00 Irregular closures

3-minute walk from JR Tozai Line “Osaka-jo Kitazume”

Approximately 30-minute drive from INTEX Osaka

<https://fujita-museum.or.jp/>

Shitennoji



Founded by Prince Shotoku in the first year of the Suiko era (593), this is the first official Buddhist temple in Japan. **The Treasure Museum holds several national treasures.**

<https://www.shitennoji.or.jp/>

The Museum of Oriental Ceramics, Osaka



The museum’s National Treasure, the “Yo-hen Tenmoku Tea Bowl,” was made during China’s Southern Song Dynasty; with only three known examples remaining in the world, it is often referred to as the “crown jewel” among National Treasures.

<https://www.moco.or.jp/en/>

Hot Springs in Osaka

大阪の日帰り温泉のご紹介

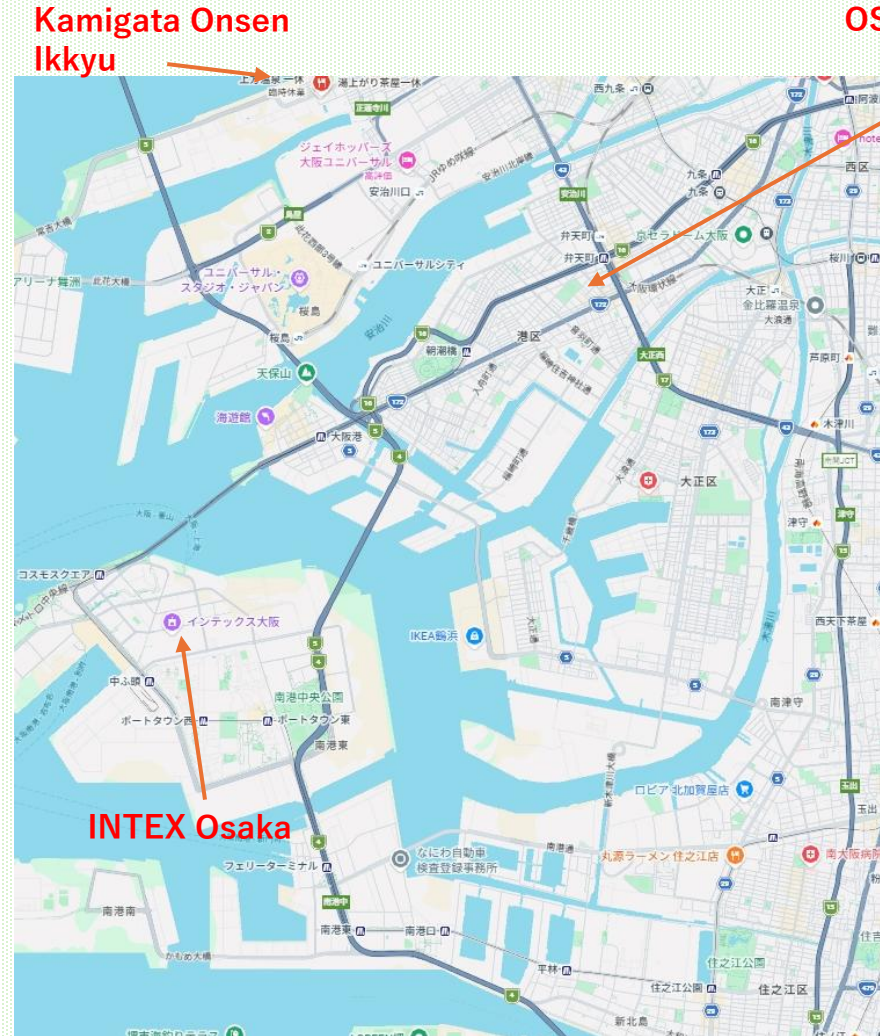
Osaka Prefecture is dotted with a wide variety of bathing facilities, ranging from easily accessible super sentos (public baths) to authentic hot spring inns surrounded by lush nature.

Here are two recommended facilities

Soraniwa Onsen: About a 20-minute drive

Kamigata Onsen Ikkyu: About a 20-minute drive

Solaniwa Onsen
OSAKA BAY TOWER



Solaniwa Onsen OSAKA BAY TOWER



Solaniwa Onsen, one of the largest hot spring facilities in the Kansai region, is a place where you can feel like you've traveled back in time to a feudal-era Japan! Based on this concept, the facility fuses the charm of old-fashioned Japan with the chic of modern Japan. Enjoy a unique experience being immersed in the past in kimono-style indoor attire, with natural hot spring open-air baths, foot baths, bedrock baths, relaxation, Japanese cuisine, and a rooftop Japanese garden.

Business hours

11:00-23:00 (last entrance 22:00)

<https://www.solaniwa.com/>

Kamigata Onsen Ikkyu



The facility is divided into two areas: "Kinoyu," known for its refreshing fragrance and gentle texture, and "Ishi no Yu," known for its rustic charm and dynamic arrangement of natural rocks and stones. Guests can enjoy a variety of baths including the largest open-air bath in the Kansai region, the Akagama bath filled with negative ions that are said to have skin-beautifying effects, the ultra-fine mist sauna, and salt steam baths.

Business hours

10:00-24:00 (last admission 23:00)

<http://www.onsen19.com/index.html>

In addition to the above, there are many other facilities, including **Spa World: The World's Great Hot Springs** (<https://www.spaworld.co.jp/onsen/>) and Natural Hot Springs **NANIWANoyu** (<https://naniwanoyu.com/>). Enjoy the slower side of Osaka.

Trying Osaka's World-famous Cuisine

Restaurant Information

大阪での飲食店情報をお伝えします

In addition to hotel restaurants, enjoy meals at various venues around the INTEX Osaka area, including the Osaka Prefectural Sakishima Government Building (P4), the ATC (Asia World Trade Center) (P6), and the facilities near Osakako Station (P8), such as Tempozan Marketplace and the GLION Museum. Here, we'll introduce restaurants in central Osaka.

Japanese cuisine

Uoman

<https://www.cfs-japan.com/brands/uoman/shops/nishiumeda/en/>

Aka no Ren

<https://sen-ryu.com/>

Ganko

<https://www.gankofood.co.jp/en/>

Okonomiyaki and Takoyaki

Osaka Botejyu

<https://osaka-botejyu.com/en/>

CREO-RU

<https://creo-ru.com/en/>

Conveyor-belt sushi

Daisukisuisan

<https://sushi.daiki-suisan.co.jp/shop?area1=on&keyword=>

Udon

Tsurutontan

<https://www.tsurutontan.co.jp/shop/?area=osaka>

Ramen

King Emon Dotonbori

http://king-emon.jp/detail.php?page_id=17

Izakaya (Japanese pub)

Yataimura Dotonbori

<https://osaka-yataimura.com/en>

Mizutaki (a style of hot pot)

Hanamidori

<https://www.hanamidori.net/>

Yakitori (grilled chicken skewers)

Namba Torikawa

<https://www.ajibil.com/shop/torikawaNamba.html>

Yakiniku (grilled meat)

Gyu 1 Shinkan

<https://gyu-1.com/stores/shinkan/>

Rohen

https://suiren-group.com/rohen/menu_en.html

Marunoshi Seiniku

<https://maruyoshi-seiniku.com/tenmanbashi/>

Nanatsuboshi

<http://yakiniku-nanatsuboshi.jp/>

Matsusakagyu

<https://matsusaka-projects.com/english/>

Teppanyaki (food cooked on iron stovetop)

Kobe Misono

<https://misono.org/en/>

Bifuteki Kawamura

<https://www.bifteck.co.jp/en/>

Korean cuisine

Kannichikan

<https://kannichikan.com/>

Sukiyaki (hot pot with thin beef slices)

Sukiyaki Kitamura

<https://www.shimizu.or.jp/kitamura/home.html>

Vegan

Vegan Café Tsukineko

https://www.instagram.com/vegancafe_tsukineko/

Chanko (hot pot eaten by Sumo wrestlers)

Ochiizumi

<https://www.ochiizumi.com/>

Tonkatsu (pork cutlet)

Tonkatsu KYK

<https://tonkatu.tonkatu-kyk.co.jp/shop/>

Please make your own reservations directly with each restaurant.

Additional Entertainment

Sporting Events (Pro baseball) スポーツ観戦 (プロ野球)

Baseball

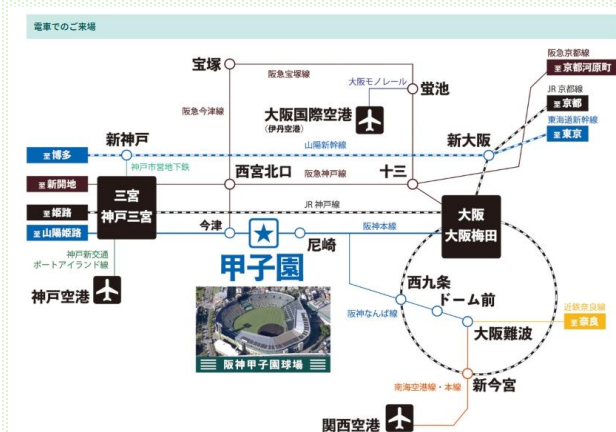
Koshien Stadium

Thu. 7/2 Hanshin — Chunichi 18:00

Fri. 7/3 Hanshin — Hiroshima 18:00

Sat. 7/4 Hanshin — Hiroshima 18:00

<https://koshien.hanshin.co.jp/event/202607.html>



Hotto Motto Field Kobe

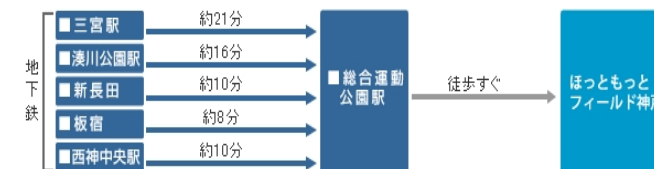
Fri. 7/3 ORIX — Saitama SEIBU 18:00

Sat. 7/4 ORIX — Saitama SEIBU 18:00

<https://www.buffaloes.co.jp/game/calendar/202607/>



電車をご利用される方



■京都・大阪方面から

JR・阪急・阪神の三宮下車、神戸市営地下鉄で西神中央行に乗りし、「総合運動公園」で下車(約21分)

(No planned events for Kyosera Dome)